




Product Name:	See Yourself Well Omega-3
Product Class:	Ultra Refined
Product Type:	TG Liquid
Product Availability:	Canada
Product Summary: 	<p>See Yourself Well Batch 801012 is a clean and highly concentrated omega-3 fish oil product. Each 1000mg sample contains a minimum 60% omega-3 concentration as combined EPA and DHA, as well as gelatin, glycerin and natural mixed tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> 1 Star for Passing All CRN/WHO Testing Categories - YES 1 Star for Greater Than 60% Omega-3 Concentration - YES 1 Star for Oxidation Level Less Than 75% of CRN Standard - YES 1 Star for PCB Levels Less Than 50% of CRN Standard - YES 1 Star for Dioxin Levels Less Than 50% of WHO Standard - YES
Batch/Lot#:	801012
Expiry Date:	02/2011
Recommended Daily Allowance:	1 teaspoon
Company Name:	See Yourself Well Inc.
Company Phone:	Toll Free U.S. and Canada 1-866-799-8035 Intl. 1-905-274-4047
Company Website:	www.seeyourselfwell.com , www.nutratecls.com



Category 1 - Concentration - Omega-3 Product Content vs. Product Label Claim

	Product Label Claim	Batch Result	IFOS Compliance
EPA	400mg/1000mg	450mg/1000mg	YES
DHA	200mg/1000mg	227mg/1000mg	YES
Total Omega-3	600mg/1000mg	677mg/1000mg	YES

Category 2 - Purity, Safety and Cleanliness - PCB's, Mercury, Dioxins and Furans

	CRN Standard	Detection Limit	Batch Result	IFOS Compliance
PCB	90 ppb	1 ppt	0.214 ppb	YES
Mercury	100 ppb	10 ppb	<10 ppb	YES

	WHO Standard	Detection Limit	Batch Result	IFOS Compliance
Dioxins And Furans	2 ppt	1 ppt	.340 ppt	YES

Category 3 - Stability - Total Oxidation and Peroxide

	CRN Standard	Batch Result	IFOS Compliance
Peroxide	5 meq/kg	2.70 meq/kg	YES
Total Oxidation	26 meq/kg	15.4 meq/kg	YES

Category 4 - **Heavy Metals** - Lead, Arsenic, Cadmium, Nickel

	CRN Standard	Batch Result	IFOS Compliance
Lead	0.1 mg/kg	<0.01 mg/kg	YES
Arsenic	0.1 mg/kg	<0.1 mg/kg	YES
Cadmium	0.1 mg/kg	<0.01 mg/kg	YES
Nickel	0.1 mg/kg	<0.1 mg/kg	YES

IFOS Program results administered by *Nutrasource Diagnostics Inc., University of Guelph Research Park.*
For more information please call 1-877-557-7722.

