



Product Name:	Omega First
Product Class:	Ultra Refined
Product Type:	EE 1200mg Capsule
Product Availability:	Canada
Product Summary:	<p>Omega First Batch GO0762904/5 is a clean and highly concentrated omega-3 fish oil product. Each 1200mg sample contains a minimum 60% omega-3 concentration as combined EPA and DHA, as well as natural lemon flavour and natural mixed tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> 1 Star for Passing All CRN/WHO Testing Categories - YES 1 Star for Greater Than 60% Omega-3 Concentration - YES 1 Star for Oxidation Level Less Than 75% of CRN Standard - YES 1 Star for PCB Levels Less Than 50% of CRN Standard - YES 1 Star for Dioxin Levels Less Than 50% of WHO Standard - YES
Batch/Lot#:	GO0762904, GO0762905
Expiry Date:	03/2010
Recommended Daily Allowance:	1 - 3 Capsules
Company Name:	Health First Network
Company Phone:	Toll Free 1-866-846-7447
Company Website:	





Category 1 - Concentration - Omega-3 Product Content vs. Product Label Claim

	Product Label Claim	Batch Result	IFOS Compliance
EPA	450mg/1200mg	560mg/1200mg	YES
DHA	250mg/1200mg	322mg/1200mg	YES
Total Omega-3	830mg/1200mg	882mg/1200mg	YES

Category 2 - Purity, Safety and Cleanliness - PCB's, Mercury, Dioxins and Furans

	CRN Standard	Detection Limit	Batch Result	IFOS Compliance
PCB	90 ppb	1 ppt	29.72 ppb	YES
Mercury	100 ppb	10 ppb	<10 ppb	YES

	WHO Standard	Detection Limit	Batch Result	IFOS Compliance
Dioxins And Furans	2 ppt	1 ppt	.383 ppt	YES

Category 3 - Stability - Total Oxidation and Peroxide

	CRN Standard	Batch Result	IFOS Compliance
Peroxide	5 meq/kg	1.08 meq/kg	YES
Total Oxidation	26 meq/kg	12.56 meq/kg	YES

Category 4 - **Heavy Metals** - Lead, Arsenic, Cadmium, Nickel

	CRN Standard	Batch Result	IFOS Compliance
Lead	0.1 mg/kg	<0.01 mg/kg	YES
Arsenic	0.1 mg/kg	<0.1 mg/kg	YES
Cadmium	0.1 mg/kg	<0.01 mg/kg	YES
Nickel	0.1 mg/kg	<0.1 mg/kg	YES

IFOS Program results administered by *Nutrasource Diagnostics Inc., University of Guelph Research Park.*
For more information please call 1-877-557-7722.

