



<b>Product Name:</b>	Omega First
<b>Product Class:</b>	Ultra Refined
<b>Product Type:</b>	EE 1200mg Capsule
<b>Product Availability:</b>	Canada
<b>Product Summary:</b>	<p>Omega First Batch GO0862904 is a clean and highly concentrated omega-3 fish oil product. Each 1000mg sample contains a minimum 60% omega-3 concentration as combined EPA and DHA, as well as natural lemon flavour and natural mixed tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none"> <li>1 Star for Passing All CRN/WHO Testing Categories - YES</li> <li>1 Star for Greater Than 60% Omega-3 Concentration - YES</li> <li>1 Star for Oxidation Level Less Than 75% of CRN Standard - YES</li> <li>1 Star for PCB Levels Less Than 50% of CRN Standard - YES</li> <li>1 Star for Dioxin Levels Less Than 50% of WHO Standard - YES</li> </ul>
<b>Batch/Lot#:</b>	GO0862904
<b>Expiry Date:</b>	07/2010
<b>Recommended Daily Allowance:</b>	1 - 3 Capsules
<b>Company Name:</b>	Health First Network
<b>Company Phone:</b>	Toll Free 1-866-846-7447
<b>Company Website:</b>	





*Category 1* - Concentration - Omega-3 Product Content vs. Product Label Claim

	Product Label Claim	Batch Result	IFOS Compliance
EPA	400mg/1000mg	418mg/1000mg	YES
DHA	200mg/1000mg	229mg/1000mg	YES
Total Omega-3	600mg/1000mg	647mg/1000mg	YES

*Category 2* - Purity, Safety and Cleanliness - PCB's, Mercury, Dioxins and Furans

	CRN Standard	Detection Limit	Batch Result	IFOS Compliance
PCB	90 ppb	1 ppt	13.27 ppb	YES
Mercury	100 ppb	10 ppb	<10 ppb	YES

	WHO Standard	Detection Limit	Batch Result	IFOS Compliance
Dioxins And Furans	2 ppt	1 ppt	.358 ppt	YES

*Category 3* - Stability - Total Oxidation and Peroxide

	CRN Standard	Batch Result	IFOS Compliance
Peroxide	5 meq/kg	3.00 meq/kg	YES
Total Oxidation	26 meq/kg	19.6 meq/kg	YES

*Category 4* - **Heavy Metals** - Lead, Arsenic, Cadmium, Nickel

	CRN Standard	Batch Result	IFOS Compliance
Lead	0.1 mg/kg	<0.01 mg/kg	YES
Arsenic	0.1 mg/kg	<0.1 mg/kg	YES
Cadmium	0.1 mg/kg	<0.01 mg/kg	YES
Nickel	0.1 mg/kg	<0.1 mg/kg	YES

IFOS Program results administered by *Nutrasource Diagnostics Inc., University of Guelph Research Park.*  
For more information please call 1-877-557-7722.

